

# November 2024

## Kindergarten Readiness



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**The Power of "Yet":** Have you ever heard your child say, "I can't do it"? This is a common saying, but it can make them feel stuck. By adding the word "yet," we can help them think differently about their challenges. A growth mindset means believing that we can get better at things with practice and hard work. When we say "yet," we show that we know they can learn and improve over time. For example, instead of saying, "I can't tie my shoes," we can say, "I can't tie my shoes...yet." This little change can make them feel more excited to try! By encouraging a growth mindset, we help our children see challenges as chances to learn and grow. Let's help them discover all the amazing things they can do with the word "yet"!

1 Use blocks or toys to build a tall tower. Count how many pieces you used.

2 Measure and count ingredients as you cook together. Talk about each measurement.

3 Use a small spoon or tweezers to move corn kernels or dried beans from one bowl to another. Try counting as you go!

4 "Let's say a silly sentence where each word starts with the same sound! For example, Silly Sammy sings songs. Can you make one?"

5 Independent Dressing: Practice getting dressed independently, focusing on buttons and zippers.

6 Practice taking slow breaths in and out, pretending to blow up a big balloon.

7 Practice rolling, pinching, and cutting Play-Doh. What designs can you make?

8 Build a "thankful tree" with paper leaves and write what you're grateful for on each leaf.

9 Go to the library and check out books for November!

10 Collect leaves and small items from outside. Make a collage using glue and paper.

11 Sing "I'm A Little Acorn" (Words are on the back.)

12 Find the Sound: Search for items around the house that start with "T," "F," and "N."

13 Read a book about Thanksgiving or fall. Talk about your favorite parts.

14 Practice taking turns with a simple board game, card game, or puzzle.

15 Rhyme Detective: "Let's be rhyme detectives! I'll say two words, and you tell me if they rhyme: ball and tall... cat and car. Do they sound the same at the end?"

16 Play "Follow the Leader" with different movements like hopping or tiptoeing.

17 Punch holes in leaves and use yarn to 'sew' through each hole, like stitching. This is a great way to practice threading!

18 Creating rhyming words! Fall-Ball Hen-Pen

19 Count out a small snack (like raisins or crackers). Practice one-to-one counting

20 Finger-trace letters in flour, salt, or rice on a baking sheet.

21 Sing "Autumn Leaves" (Words are on the back)

22 Share a story about your favorite place to visit in fall.

23 Collect some leaves and count them together. Try to sort them by size or color.

24 Look for signs of autumn like colored leaves or pinecones. What do you notice?

25 Sing "5 Little Turkeys" (Words are on the back.)

26 Make a simple snack mix. Count each ingredient as you add it.

27 Open-ended Prompt: "Think about a time when someone was feeling sad. What's something kind we could do to help them feel better?"

28 "Thankful Song": Make up a song about things you're thankful for.

29 Go to park! Practice a new skill like pumping or climbing!

30 Review the thankful leaves on your tree. Discuss the things you're grateful for.

## Let's Make Reading Fun with Sounds!

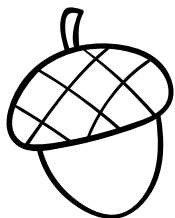
You can help your child become a better reader by playing with sounds! This is called phonological awareness, and it's super important. It means being able to hear and work with the sounds in words.

Here are some easy ways to boost your child's phonological awareness:

- **Talk, Talk, Talk:** Chat with your child about their day or their favorite toys. This helps them hear different sounds and how they fit together.
- **Rhyme Time:** Sing songs, recite nursery rhymes, and play rhyming games. This helps them notice patterns in sounds and words.
- **Read Aloud:** Read books together and point out rhyming words. You can even make up silly rhymes while you read.
- **Sound Play:** Break words into sounds. For example, say "cat" and sound it out: /c/ /a/ /t/. This shows them how words are built.
- **Everyday Fun:** Turn daily activities into learning. While shopping, you can play a game where you find items that start with the same sound, like "Let's find something that starts with /b/ for banana!"

Every moment is a chance to help your child become a better reader.

By having fun with sounds, you're building a strong foundation for a lifetime of learning!



### **I'M A LITTLE ACORN**

*Actions: Curl up like a small acorn on the ground, then stand up tall like a big tree!*

**I'm a little acorn, brown and round,  
Lying on the cold, hard ground.  
People pass and don't see me,  
But I will grow into a big oak tree!**

### **AUTUMN LEAVES ARE FALLING DOWN**

*Sung to "London Bridge is Falling Down"*

**Autumn leaves are falling down, falling down,  
falling down, autumn leaves are falling down,  
to the ground.  
Watch them twirl and spin around, spin around,  
spin around, watch them twirl and spin around,  
falling down.  
Rake them up and make a pile, make a pile,  
make a pile, jump right in and play awhile, in  
the leaves!**

*Actions: Pretend to "fall" like leaves, twirl, and jump into an imaginary pile.*

### **5 LITTLE TURKEYS**

*Sung to "Five Little Ducks"*

*Actions: Hold up fingers and "waddle" each one away as you count down.*

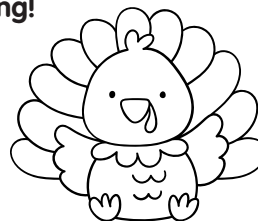
**Five little turkeys by the barn door,  
One waddled off, and then there were four.**

**Four little turkeys under a tree,  
One flew away, and then there were three.**

**Three little turkeys with nothing to do,  
One ran off, and then there were two.**

**Two little turkeys having some fun,  
One trotted off, and then there was one.**

**One little turkey, better run away!  
For soon it will be Thanksgiving Day!**



# Books to Read this Month

Check out these books at the library. If they are not available, ask the librarian for a recommendation.

## **FOR READERS AGES 0-3**

***We're Going on a Leaf Hunt***  
by Steve Metzger

***My Heart Fills with Happiness***  
by Monique Gray Smith

## **FOR READERS AGES 3+**

***The Leaf Thief***  
by Alice Hemming

***Fry Bread: A Native American Family Story***  
by Kevin Noble Maillard

